



Lincs South Federation News

July 2020

Issue 72

Hello

From Saturday 4 July lockdown restrictions have been eased yet again. I went past my local hairdresser's today and they were definitely very busy. Whilst one look at my hair reminds me that I am in desperate need of a visit to a hairdresser, I think I will wait a little while longer

It was almost easier when the message was 'Stay at Home'. We knew exactly what we could do – now there seems to be a long list of what we can and can't do. The overriding message is that we are being trusted to act responsibly.

So, let's keep busy, but above all else, keep safe and well

Best wishes

Liz



LSFWI Chairman

lmcintoshwi@gmail.com

07969360344

COMPETITION TIME!!

Send us a photo of your garden or favourite bloom for a chance to win a selection of bulbs from Taylors Bulbs.

Please submit your entry by email to:

fedoffice@lsfwi.org.uk

by 14 August 2020

The winner will be notified in the September edition of the newsletter.



facebook.com/lincssouthwi



@lincssouthwi



lines_south_wi

Office Contact Details – WI Office, Suites 7, 7a and 8 Pattinson House, Oak Park,

East Road Trading Estate, Sleaford, Lincs NG34 7EQ. fedoffice@lsfwi.org.uk **Charity No – 506268.**

TAKE A CHANCE

May Winners:

- 1) Stephanie Stockwell – Deeping St James WI
- 2) Cheryl Paterson – Carlby WI
- 3) Pam Ready – Deeping St James WI

June Winners:

- 1) Angela Boyfield – Rippingale WI
- 2) Cheryl Parson – Deeping St James WI
- 3) Joan Reynolds – Metherringham WI

NFWI NEWS

Latest news items on MyWI:

*Black Lives Matter: Anti-racism resources

<https://mywi.thewi.org.uk/nfwi-news/articles/black-lives-matter-anti-racism-resources>

*Celebrating Pride 2020

<https://mywi.thewi.org.uk/nfwi-news/articles/pride-2020>

*Story of Hope

<https://mywi.thewi.org.uk/nfwi-news/articles/story-of-hope>



“Denman at Home”

Whether you would like to cook, craft or learn something new Denman at Home has something for everyone!

Virtual courses are from 1 hour in length and cost £5

Courses include craft, baking and lifestyle subjects

Check out the availability at:

https://www.denman.org.uk/whats-on/?_search=Online%20Course

Lady Denman Cup Competition 2020

“What I heard on the bus”

Closing date extended to 18 September.
Entry form attached.

WI LIFE

WI Life is looking for crafters, artists and artisans. If you sell your work or you make something nobody else does, we would love to profile you! We're keen to hear from metalworkers, woodworkers, glass-blowers, book-binders and anyone with a craft we haven't featured before.

Send us a link to your website or photos of your work to wilife@nfwi.org.uk

PUBLIC AFFAIRS & EDUCATION**Virtual Resolution Shortlisting Selection Meeting****Do you want to be a member delegate at the Resolution Shortlisting Selection meeting in October?**

In October each year, federation representatives meet to consider and debate each resolution on the longlist with a view to creating a shortlist. This is a democratic process, and we want to give as many members as possible the opportunity to take part in the discussion, whilst retaining the role that federations play.

This year, we will, therefore, be increasing the number of members able to attend the Resolution Shortlist Selection Meeting in October to allow more members to participate in the process

This is an exciting opportunity to help shape the shortlist, from which all WI members are able to select the resolution they support the most.

Please note that this year the meeting will take place online, and there will be no travel needed. More details about how to join will be circulated once applications are closed. All WI members are welcome to apply for a delegate place in this years' shortlisting meeting. The delegates will be selected at random when the application deadline has passed. By registering your interest, you are confirming that you are available and willing to attend the meeting on Thursday 1st October.

If you have any questions, please contact the Public Affairs Department on pa@nfwi.org.uk.

RIPPINGALE & DISTRICT WI

Member, Rachel Price, has been busy making face masks for the community. Over £200 was raised, together with five large bags of cleaning materials which Rachel donated to South Lincolnshire Domestic Abuse Service (formerly Boston's Women's Aid).

Thank you, Rachel, for supporting
No More Violence against Women

Captain Sir Tom Moore was an inspiration for Margaret:



Come rain or shine Margaret Wilson was determined to complete a fundraising mission for Thorpe Hall Hospice. No matter the weather, come rain or shine, the 82 year-old walked 100 laps of Mayfield Gardens in her home village of Baston to support the Peterborough based hospice where her neighbour works.

She raised a fantastic £2295.75.

Margaret was inspired by the fundraising efforts of Captain (now Colonel) Sir Tom Moore, but chose to support a good cause closer to home. Margaret

said: "One of the nurses said they were struggling for money so I thought I could do something to help".

Margaret is a keen tennis player and to prove her dedication to the sport she wore her tennis outfit to complete the walk and raised some extra pounds. She also received donations from golfing friends at Toft where she plays golf. The money will go towards palliative care and bereavement support.

Well done Margaret for a magnificent effort!

Carlby WI member, Pauline has been inspired by Edith Holden's book, "*The Nature Diary of an Edwardian Lady*", to create her own illustrated nature diary. What a lovely record of this unusual time. It would be lovely to see the finished book!



Covid19 & Climate Change

*Before the COVID-19 crisis, a more proactive approach to Climate Change was one of the important initiatives being taken forward by the WI. One of Lincs South's Climate Change Ambassadors, **Janet Banks**, member of Wellingore WI, has this message for us:*









In the natural world, the Spring of 2020 was remarkable in many ways; less traffic both on the ground and in the air gave us quiet roads, clear skies and allowed wildlife to flourish. The dawn chorus seemed more exuberant than ever, and with our daily dose of outdoor exercise, many of us felt reconnected to the natural world on our doorstep.

I hope that many who have previously been sceptical about climate change will have seen, not only how much influence human activity has, but also how positive change can come about in a short space of time.

The manufacture of 'new' plastics has certainly helped the petrochemical industry stabilise the crude oil market at a time when demand for their product by all forms of transport has plummeted. However, let's not be swayed by the call for single use plastic; demand has dramatically increased with the 'use it and throw it away' mantra sold to us as more hygienic. The science tells us that reusable containers are safe to use if basic hygiene is employed. Of all plastic produced in 2015, 381 million tonnes in fact, 20% was recycled, 25% was incinerated and 55 % was discarded; there is an island called the Great Pacific Garbage Patch consisting entirely of discarded plastic - and it is estimated to cover an area three times the size of France!

There's no need (unless you are that way inclined!) to join Extinction Rebellion, turn vegan and wear dreadlocks but each of us could make small changes in our lives which may add up to big changes in the impact that we humans have:

-  Costa Coffee is again accepting reusable cups so head there for your caffeine fix.
-  If you prefer tea, try loose tea or buy plastic free, bio degradable tea bags; Clipper, CoOp's 99 brand, Twinings' Pyramid & Waitrose Duchy ranges, Pukka and Teapigs offer a plastic free option.
-  When placing your next online grocery order, add a note to request a return to plastic bag free deliveries and, of course, take bags with you if venturing out.
-  Choose loose fruit and vegetables where possible or, if packaged is the only option, pick recyclable containers.
-  Liquid soap, always in plastic containers, can be replaced with bars and check that any wipes you buy are 100% biodegradable too.
-  Finally, face masks are likely to be with us for a while so choose washable, reusable designs and don't be lured by disposable items – as we're already seeing, the nano plastics they contain quickly enter the food chain.

Climate change is real and can be scary but we need not feel helpless; at your next Meeting or via social media, share your 'plastic reducing' tips and shout about local shops and businesses that are working towards being plastic free.

DIGITAL DIGEST

Some of this month's finds online:

Facebook page: [WI WANDERERS](#) – this is a closed group just for WI members. It includes a daily round up of items of interest that can be accessed online. These include several live painting sessions with Quirky Birds watercolours, amongst others, crafting sessions which cover a host of techniques such as Mexican Hearts and Prick and Stitch.



Events include videos hosted by other WI members as well as mainstream events such as those hosted by the National Theatre, Sadler's Wells and many others

Denman at Home events are covered, which have a fee attached, but many are free.

Another interesting Facebook page exclusively for WI members is: [WI MADE](#)

This is mainly aimed at selling items made by WI members. There are a host of beautifully crafted items made by very talented WI members. From birthday cards to earrings and lots in between. Just a few examples:



From Your Advisers...

I'm sure you are all wondering what should be happening if you were unable to hold your annual meeting due to lockdown. Here, in a nutshell is the NFWI advice:

If your WI could not hold the Annual Meeting before lockdown, please do not worry. Your Committee and Officers can carry on until an Annual Meeting **CAN** be held.

The key message is:

Your committee members and Officers can remain in office until the next annual meeting.

If any committee members need to step down, the Committee can appoint up to 3 co-opted members and fill vacancies with members who would serve until the next annual meeting. It is preferable to wait until meetings are resumed before fixing a date.

The committee elect Secretary, Treasurer and Vice Presidents from amongst themselves so can fill any vacancies.

The President must be elected by the members. The Vice Presidents can support the President as needed until the (next) AM can be held.

Meanwhile, please email your members your accounts, finance and committee reports, so they have been seen. Please also send these to: fedoffice@lsfwi.org.uk

SUBSCRIPTION EXTENSION

We are delighted to share with you that NFWI **are offering a three-month extension to this year's membership subscription.** This, in effect gives all members 3 free months. The next renewal date for membership subscriptions will, therefore, be 1st April 2021. In addition, from this point onwards, **membership renewals will always be in April.** This is to acknowledge the feedback many of you shared with NFWI during the recent Strategic Vision consultation about the challenges of the January payment date and how you wished to see this changed in the future.

Next years subscription will be £44

The Federation financial year will remain unaltered at, January to December

CHAIRMAN'S CHALLENGE

Don't forget to start compiling your WI entry for this competition. The closing date is 31 January 2021 and the entry fee is £10.

Your programme can be as realistic or creative as you wish! It can be in a digital format or a hard copy. The decision is yours.....

Send your entry to Federation Office: fedoffice@lsfwi.org.uk

Make Bake & Show

31 October 2020

It is with great regret and disappointment that we announce the cancellation of this year's Make

Bake & Show. With some restrictions still in place and the uncertainty of what the situation will be, even in October, we know you'll understand it is just not possible to go ahead this year.

However, we hope to come up with some ideas to channel your craft and baking skills despite Covid19, so watch out for those in future newsletters!

Frampton WI...

delivered a cream tea to all its members, complete with a homemade heart. The best bit of day was getting to chat. Distanced of course!



NATIONAL GALLERY EVENT

NFWI is pleased to announce they have organised another virtual session with the National Gallery, ***exclusively for WI members***, on **Friday 17 July at 4pm!**



The topic of the virtual talk will be 'Enjoying art with children' to mark #ChildrensArtWeek which is currently taking place.

You can find the Zoom joining details and further information on My WI:

<https://mywi.thewi.org.uk/nfwi-news/articles/enjoying-art-with-children>

Alternatively, please contact Helen Neal at h.neal@nfwi-unit.org.uk to receive the joining details.

Please be aware that spaces are limited and will be allocated upon entry to Zoom on a first-come, first-serve basis. Spaces cannot be reserved or booked for participants beforehand.

Image credit: The National Gallery, London

Summertime Recipes

Two recipes for summery drinks from Debbie Venn, Chairman of our Creative Craft & Cookery Committee. Enjoy!

Citrus Presse

One each of: Orange, Lime, Lemon & Grapefruit
175g sugar
900ml boiling water
Crushed ice and slice of lemon to serve

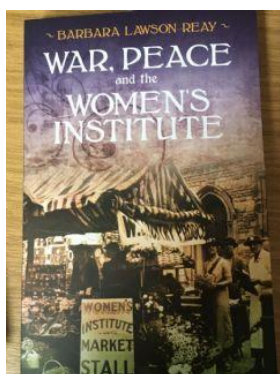
1. Extract the juice from all the fruit
2. Place in a heatproof jug
3. Mix in the sugar
4. Add boiling water and mix well
5. Cover and leave to cool then chill
6. Pour over crushed ice and garnish with lemon slice



Choc-Orange Smoothie

400ml fresh orange juice
30ml Cointreau or similar
200ml chocolate ice cream

1. Place all ingredients in a liquidiser and blend for 20 seconds or until smooth
2. Pour into 2 tall chilled glasses and serve immediately



This is a book dedicated to the members of the WI, past and present, written by Barbara Lawson-Reay, herself a former WI member. It is written against a background of the fight for women's right to vote and their role during World War 1. One man and his dog, Colonel Stapleton Cotton and Tinker, were responsible for the foundation of the first WI in Britain at Llanfairpwll, Anglesey, in 1915 – which still meets on the third Tuesday afternoon of each month.

The book contains some amazing stories of the founder members. Some of these ladies were quite literally manning soup kitchens one day and attending balls at Buckingham Palace the next! It promises to be a fascinating read for anyone interested in the WI and its history. Published by and available from Gwasg Carreg Gwalch. Cost £9.50 plus £2.50 p&p. Find it at: <https://carreg-gwalch.cymru/war-peace-and-the-womens-institute-2469-p.asp>