



LINCOLNSHIRE SOUTH FEDERATION NEWS



June 2023

Hello Ladies,

I cannot believe that another month has gone by and what a month it has been. Of course, the most notable event was the coronation of King Charles and his wife Queen Camilla. If there is one thing that our green and pleasant land can do it is pageantry in all its glory. I may be a little biased here having spent many years in the military, but we do know how to dress up and show off!! There were many parties up and down the country and we look forward to seeing photographs of those that you hosted and attended.

Your Trustees have been working very hard and have several events in the planning stages so please look out for the flyers coming to your secretaries soon.



Best wishes
Tina Orange
Federation Chairman
tinaorangeWI@outlook.com

Letters to the Office

Ladies, over the past couple of weeks the office has received correspondence from WIs that has had the incorrect postage value on it. Would you all please ensure that the correct postage is placed on all correspondence that you send to the office. Thank you.

Would all WIs please ensure that any correspondence sent to the office is fully complete. This includes all required signatures. Correct completion of forms will save us all time and unnecessary postage costs.

Thank you, ladies, for your help in this matter.
Tina Orange
Federation Chairman

FIND US ON THE NFWI WEBSITE: <https://lincolnshire-south.thewi.org.uk/>



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Tel: 01529 302398 Email: fedoffice@lsfwi.org.uk Charity No: 506268

OFFICE OPENING TIMES

WI Office will be open on
Monday, Tuesday and Wednesday from
8.30am until 2.30pm

If making a special journey, please contact first.

TAKE A CHANCE

May Winners:

- £20 Mary Grevatt – Gedney Hill WI
- £10 Anne Mills – Navenby WI

To claim your winnings please contact the office with your bank details.

Email: info@lsfwi.org.uk

Why not join the TAC club There's still time!

Application forms

For 2023 -2024 are with your WIs Secretary

This is a monthly draw bar August where you have the chance to win £20 or £10 with an additional opportunity at the Federation Annual Meeting in March. Entry cost just £5 per number for the year and you are not limited to how many you hold.

Please note that legally, we can only accept applications from individual WI members, and not WIs

DENMAN

June offers a host of online courses including:

Tilo Flache's Talk on Ethiopia

Monday, 5th June 2023 at 7.30pm

A country in East Africa with a long-standing Christian majority, that was never part of a European colonial empire, has its own unique language and writing system and a variety of ethnicities trying (and often failing) to work together to make a better future for themselves? Clearly, Ethiopia is one of those wonderfully complex, yet politically troubled places. Curious?

The works of Jane Austen: Mansfield Park - Dr Geoff Doel

Tuesday, 20th June 2023 at 4:00pm

'Mansfield Park' (1814) has been described as a 'highly moralised romance of family fortunes', and a fable on a 'Cinderella' theme. Join Geoff as he explores, the characters, themes and impact of this classic novel, which tells the story of timid Fanny Price who seems to have few of the usual attributes of the heroines of the 19th century, who is juxtaposed with the lively Mary Crawford, who is more to many readers' tastes. This novel includes vivid naval scenes in Portsmouth which add contrast and an extra dimension to this story.

Acrylic Painting – Peacock with Hayley Morgan

Wednesday, 28 June 2023 at 4.30 pm

For this session we will learn how to paint a colourful peacock with acrylics. Hayley will talk you through how to mix your colours and how to apply the paint, step by step. This session has been designed as a paint-along workshop and is suitable for complete beginners and for those with painting experience. There will be plenty of opportunity to ask questions and we estimate the session to last between 60-90 minutes in duration.

Watch Denman Live

This allows you to 'rent' a Denman course and tune in at a time convenient to you. Once rented the course is accessible for up to seven days. Most courses are from one hour in length and generally cost from £5

Check out the availability at: www.denman.org.uk

SUPERMARKET BRAND

**LOOKING FOR
WOMEN'S INSTITUTE
MEMBERS**

Aged 50+

For a paid shoot

Shoot W/C 5th June

Must be into cakes and spreads!

Email streetcasting@kharmelcochrane.co.uk
with the subject 'SUPERMARKET BRAND' a
picture of yourself & a bit about you to apply!

PLEASE NOTE: PA&E's outing to Leeds will take place on 22nd November (not December as inadvertently shown on last month's Forthcoming Events Calendar).

Please do save the (correct) date and watch out for the flyer and application form.

PUBLIC AFFAIRS AND EDUCATION

Ladies Luncheon – 18 April 2023



Our return visit to Greetham Valley Golf Club was heralded this time by bright sunshine. Although a smaller group than on our last visit, the atmosphere was certainly no less convivial, and we once again enjoyed a delicious meal.

As it was still Ramadan, our speaker, Aasiyah Joseph, joined us after our meal. Her talk was entitled “My journey to Islam” and we were all fascinated to find out what this actually meant. Aasiyah explained that she had been born in Leeds. Her father was a postman, her mother an auxiliary nurse. Theirs was not a religious household and Aasiyah paid little attention to any form of religion as a young child. Then, just before her seventh birthday, her father died.

They had been close and Aasiyah, unable to understand why someone she loved so much should have been taken away from her, became angry. She began to seek a reason why this had happened. At first, she found some solace in Catholicism, but this did not provide the emotional engagement she was looking for. Eventually, she began to read the Koran and a light was switched on. Nevertheless, she kept her burgeoning faith a secret, telling no-one and doing nothing to make the public declarations required to confirm her commitment to Islam. It was only when her brother announced that he was going to make his declarations and advised her that she should make her mind up whether or not she was going to embrace the Islamic way of life that she finally decided to move forward.

Aasiyah told her story with great simplicity and objectivity. She stated that hers was a personal experience, not intended to influence or offend. It was clear that her faith is strong and a real foundation for the way she lives her life. Her principle is that if one does not respect and listen to others, how can one expect others to respect and listen to you. This, she admitted, was not always easy! A very lively, interesting, and informative dialogue developed, as our members asked question after question. This was a far cry from the extremist views reported in the media and cast a quite different light on the Islamic way of life. I think it gave those present cause to ponder on our own beliefs. For sure, all of us learned a lot and certainly came away with a better understanding and perhaps a more balanced view of this faith.



Calling all Musicians



Have you got a flute or a trumpet in the attic that hasn't been out of its box since school? Or have you started learning an instrument since you retired?
Do you fancy getting together in a no-pressure environment occasionally to play together?
If you can read music and fancy some practice playing with others, do get in touch, either directly to



ebmantle@gmail.com or send your details to the office and ask Tracey to pass them on to me. These sessions will purely be for enjoyment and fun and what we play will be a group decision based on the instruments that join. If you are not sure, get in touch anyway, it may turn into something that you want to be part of.

Elizabeth Mantle

NEWS FROM OUR WIs.

Baston WI



Baston WI held its own Coronation celebrations just prior to the big day. A warm welcome with a glass of wine/orange juice, beautifully set tables (see photos) just set the scene. After the usual WI business, a meal was served by the Committee: Coronation Chicken, homemade coleslaw, green salad (see photos), dessert: pavlova Tea/coffee After Dinner mints. Themed flowers adorned the tables and were delightful. We concluded the evening by singing the National Anthem and drank a toast to His Majesty.

We also promoted Baston WI at our local 'Picnic in the Park' the day after the Coronation. The weather was gorgeous and our President Steph Balderson, along with many members, helped to man the stand and enlighten ladies that may have wondered what the WI is about.



A lot of interest was shown on the day which is great for a small village like Baston.

Langtoft WI

“Rowena Cade and the creation of the Minack Theatre” by Martin Lander



This was a story, in words and pictures, about a very determined lady, Rowena Cade, who worked tirelessly to create a theatre in one of the most stunning and dramatic locations in the world; one in which the surrounding landscape and seascape forms part of the performance.

Situated in Porthcurno in the far south-west of Cornwall, “Minack” is a Cornish word meaning “Rocky Place”.

Martin Lander at our meeting in April described the development of the theatre over the years, using all surrounding resources, including a pillbox left over from the war which was used as a box office until 1997. This was a fascinating talk by a speaker who has been captivated by the story Minack Theatre.

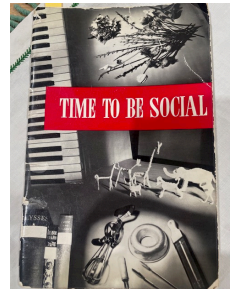
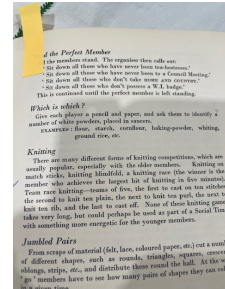


Hougham & Marston WI

On May 11th Hougham and Marston had a Fashion Show run by SOS. Other local WIs, and villagers were invited. Refreshments were provided to help relax from browsing and 'trying on'. Our glamorous models were WI ladies who did a wonderful job. All profit made by the organisers go to the Children's Oncology unit in Nottingham. Entrance fees and raffle proceeds will also be used to support others. A big thank you to those who supported us.

Holbeach WI

Holbeach WI had an evening of sampling white substances! The idea came from a pamphlet we found for WI activities from the 1950s. We had over 18 substance and ladies could touch and smell, but no tasting allowed. It was a tricky challenge with obvious white powders such as salt and sugar to the more obscure of gluten free flour and sodium bicarbonate. Pleased to say the police stayed away and it was all respectable.



Gonerby Hill Foot WI

Our meeting in May was our annual meeting which we teamed up with a celebration of the King's coronation. Several of our members donned a homemade coronation hat. We had a buffet which our members had brought for the evening celebration. We toasted our King and Queen with a mocktail, the National Anthem and cheers. A lovely evening had by all.



Our photo shows we had special visitors even though a cardboard cut-out.

Deeping St James WI

Deeping St James WI always planned that their April meeting this year would be a party for their 70th birthday, but when it was also their closest meeting date to the coronation it became a double celebration. We toasted the King, we sang the National Anthem, Jerusalem, and Happy Birthday, we ate food we had brought to share, and we danced and sang with our entertainer, Melody Flyte. (Many of you who attended the Federation Day last year will remember Melody Flyte.)

Our wonderful birthday cake was made by member, Gemma Notley. Gemma is a member of Deeping St Nicholas WI and she volunteered to make our cake even before she joined us as a dual member, for which we are very grateful.

All in all, it was a fabulous evening enjoyed by everyone who attended.



Pinchbeck WI

Pinchbeck WI started their 100th Birthday year, by celebrating with a meal, and cake, at Spalding Golf Club for their April meeting. Fifty-two members and four invited guests had a most enjoyable evening, being entertained after the meal, by singer Pat Campbell; he sang songs to sing along to, and to dance to; the dance area was never empty!! A vote of thanks was expressed by Janet Bettinson to the Committee for arranging such a lovely evening and for the members' birthday gift. The evening concluded by the singing of Jerusalem.



President, Margaret Moyses cuts the beautiful cake accompanied by Hope Wells - our longest serving member. The cake was made by member Tracey Wells



Members enjoying their celebratory meal



Members of Pinchbeck WI were involved with Pinchbeck St Mary's Church Flower Festival at the end of April. Brenda and Paulina arranged flowers and a display depicting our 100th Birthday. Members covered all the duties for one complete day – Coffee Shop, Selling Produce and Meet & Greet; some members volunteered on other days. It was a good few days, with a constant flow of visitors, who appreciated the flowers and the beautiful church.

Stamford WI



God Save the King

What a day! Apart from a light drizzle that wasn't going to phase us, the rain held off all day & we enjoyed hosting a very successful day of selling cakes & drinks on the Rec as part of Stamford's Coronation celebrations and the big help out! We couldn't have asked for better weather as the rain held off all day, and we were able to sell cakes and drinks to the community. Our lovely members baked a delicious array of cakes, which were so popular that we sold out just before the event ended. .

Our gazebo was beautifully decorated with union jacks, pictures of King Charles, and red, white, and blue balloons. We even wore union jack hair bows, which caused quite a stir!

We wanted to involve all of the children, so we handed out little flags for them to wave and celebrate King Charles' coronation. The event was a great success, and we're proud to have been seen as active members of our community while raising funds for our WI.

Have you ever thought about becoming a Trustee?

Would you like to know more? Such as, what is expected of me, how much time do you need to dedicate to it, what responsibilities would you have, and do you have the right credentials?

So, why not come to a Board of Trustees meeting.

We generally meet monthly via Zoom, although once a quarter we meet in person in the WI office. We don't meet in August.

We are friendly and approachable so why not give us a try.
Contact us on fedoffice@lsfwi.org.uk to arrange a meeting.

CLIMATE AMBASSADORS

Green Living

In the past two newsletters we have shared green gardening and green money saving hints and tips. Now we will look at ideas and alternatives to enable us to live in a more eco conscious way.

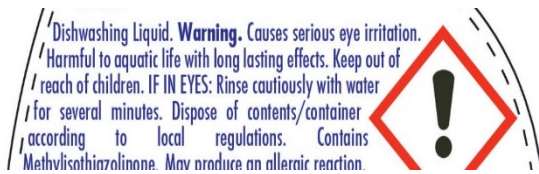
Buying eco-friendly cleaning products to help save the planet, used to mean sacrificing performance for ethics, and often involved paying a premium too. Luckily, that's no longer the case. The rise in eco-activism has birthed many green brands that put the environment first while ensuring they remain just as effective – if not more so – than their mainstream rivals.

So, let's just focus on washing up.....

In a recent interview David Attenborough confirmed that to make the biggest difference to the planet, we must reduce waste. Whilst recycling helps, the most effective thing we can do is to use less.

Not only that, did you know that the UK's favourite washing up liquid, Fairy, contains crude oil – so do many other leading brands. It seems crazy when we are attempting to use less fossil fuels that they have sneaked into our kitchens unaware.

If everyone in the UK switched to a refillable detergent container, we'd throw away around 1 billion less plastic bottles a year – makes you think doesn't it!



Have you ever read the reverse of your washing up liquid or other detergents? **Harmful to aquatic life with long lasting effects!**

There are many UK based manufacturers supplying refillable options for all sorts of household cleaning products. These include Bio D, Eco Ver, Eco Leaf, and many others. For example, Bower Collective even provide a prepaid envelope for you to return the pouch containing the refillable liquid, which can be supplied to you direct OR you can do it all online without leaving the comfort of your kitchen!



Fill, another UK company also have stockists where you can refill your own container onsite in their stockists' shops. My local refill station in Sleaford has several brands to choose from for refill options. Check out where your local refill shop is located. There are quite a few to be found throughout are area. You can even buy your bulk container (usually 5 litres) to make even less journeys to the shops.

Just remember, that whatever you do to reduce waste, no matter how insignificant it may seem, it all really helps!

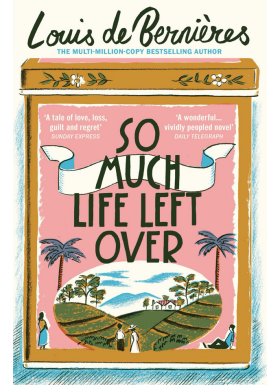


Climate Ambassadors: Jan, Liz, and Wendy

Book Review

So Much Life Left Over – Louis de Bernières.

Written by the author of Captain Corelli's Mandolin, (which I read on one of my holiday's to Kefalonia, where it is based). When I picked this book up, I didn't realise it was the second book of a trilogy, the first book being called The Dust That Falls from Dreams. Even though this reads well as a standalone, I feel I would have learnt about the characters through the earlier book first.



In this book all the characters find themselves dissatisfied to a certain extent with what their lives have become, they are looking for fulfilment, challenges, a chance to contribute or regrets for what could have been. For example, Rosie's sister, Sopha, is looking for something to replace the feeling of being wanted and valued as she did for her work during the war. Her other sister, Cristobel, is realising that some opportunities only come along once in a lifetime and she says, "When I am on my deathbed, I don't want to be lying there thinking about all the things I didn't do".

We follow the relationships, new starts, trials, and errors, of the characters and hear how they start to rebuild their lives, we see how personalities are affected by the horrors of WW1, mental illness, bitterness and disappointment for some alongside hopeful new starts and social changes for the better. We also hear accounts of war experiences including the humorously named Oily Wragge's recount of his time in Mesopotamia, where he remarks "War makes everything simple, there is a tunnel in front of you and you put your head down, and you struggle forward for the light at the end – and that frees you up somehow".

For Daniel, the simple fact they have survived the war is unexpected leaving them (hence the title) with so much life left over. Many of their experiences make the normal, boring unimportant details of everyday life difficult to bear.

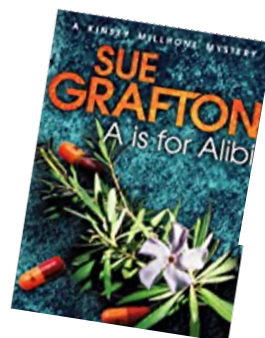
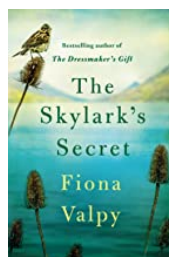
I did enjoy the book, however felt it left a lot of stories with no endings, no doubt these will be told in the third book which I believe is called The Autumn of the Ace.

Tracey Copeland – Office Manager

Does your WI have a Book Club?

Why not share your thoughts, recommendations, and favourite reads with other WIs. Did a book you have recently read make you want to read more by the same Author? Is there a particular genre you like to read – historical, crime, autobiographies, humour, or just easy read fiction?

Please send us your reading experiences for us to share with other WIs.



FORTHCOMING DIARY DATES



Listed below are forthcoming events. Each event has a closing date, by which all applications and payments need to be with the WI office.

Please pay by online banking if possible, quoting the appropriate reference. Cheques are not banked until after the closing date is reached and/or places secured.

Date	Event	Ticket Price	Reference	Closing Date
Thursday, 25th May	NFWI Annual Meeting St David's Hall, Cardiff		CLOSED	
Tuesday, 6th or Tuesday, 13th June	Three Shires Canal Boat Cruising along the Grantham Canal 10am or 2pm		CLOSED	
Wednesday, 21st and Thursday, 22nd June	Lincolnshire Show		CLOSED	
Friday, 30th June	Quiz night – 7pm Hale Magna Village Hall		CLOSED	
Thursday, 21st September	Croquet Taster 10am or 1pm	£7.50	ACTCRO	13th August
Saturday, 30th September	MB&S Ropsley Village Hall	TBA		
Friday, 14th October	Upholstery Workshop Stool Making - Ropsley	£85.00	LSFUW	3rd September
Saturday, 28th October	Interfed Lincolnshire Day Leasingham Village Hall	TBA		
Wednesday, 22nd November	M&S Archives Afternoon Christmas shopping in Leeds	TBA		
Friday, 1st December	Campaign Discussion Day	TBA		

July 2023 Newsletter

**Please send any contributions for the next newsletter
by Sunday, 18th June 2023**

to: fedoffice@lsfwi.org.uk

Please make sure that you have permission from the people shown in any photographs.

If you are travelling to WI Office by car, please be aware that SatNav directions often direct to the next road along from Oak Park. When travelling along East Road from the direction of the A17, look out for **KWIKFIT** on the left-hand side. Turn left here on to Oak Park. WI Office is on the right-hand side.