



Hello,

Firstly, an apology for the lateness of this newsletter. December seemed to go by in a flash.....I hope that applies to us all when it comes to making Christmas preparations, and not just me!

Consequently there will be a short gap between the January and February newsletters.....please send in any contributions you have asap.

Planning for 2023 events has been underway for some time now. There's lots to look forward to with the return of Make, Bake and Show plus the usual NFWI Annual Meeting, Lincolnshire Show, and more.

Wishing you all a Happy New Year!

Best very wishes

**Liz**



Liz McIntosh

LSFWI Chair

[\\_lmcintoshwi@gmail.com](mailto:_lmcintoshwi@gmail.com)

07969360344

**LSFWI**  
**ANNUAL MEETING 2023**  
**JOIN US AT:**  
**THE OLDE BARN HOTEL**  
**TOLL BAR ROAD**  
**MARSTON**  
**WITH GUEST SPEAKERS,**  
**RAFFLE, DENMAN DIP**  
**AND MORE!**

**A new style annual meeting to include refreshments and lunch.**

**The hotel is a few minutes' drive away from Downtown and Boundary Mill stores .....**

**so, plenty of time to shop!**



FIND US ON THE NFWI WEBSITE: <https://lincolnshire-south.thewi.org.uk/>



[facebook.com/lincssouthwi](https://facebook.com/lincssouthwi)



[@lincssouthwi](https://twitter.com/@lincssouthwi)



[lincs\\_south\\_wi](https://instagram.com/lincs_south_wi)

**Office Contact Details:** WI Office, Pattinson House, Oak Park, East Road, Sleaford NG34 7EQ

01529 302398

[fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk)

**Charity No –506268**

# TAKE A CHANCE

December winners:

- Sandra Saxby – Gosberton WI
- Jennifer Sheldon – Bicker WI

## TAC winners:

To assist with the payment of TAC prizes please contact the office with your bank details or confirmation that you would prefer to be paid by cheque

Email: [info@lsfwi.org.uk](mailto:info@lsfwi.org.uk)

**Why not join the TAC club for 2022/23??**

**There's still time!**

Winners drawn 11 times a year (monthly except August) with an extra draw at the Federation Annual Meeting in March.

## OFFICE OPENING

**WI Office will be open on Monday, Tuesday and Wednesday from: 8.30am until 2.30pm**

**If making a special journey, please contact first.**

If you are travelling by car please be aware that SatNav directions often direct to the next road along from Oak Park. When travelling along East Road from the direction of the A17, look out for **KWIKFIT** on the left-hand side. Turn left here on to Oak Park.

WI Office is on the right-hand side.

## Denman

January offers a host of online courses including:

### Acrylic Painting with Hayley

Learn how to paint an atmospheric cloudy sky with acrylics. Hayley will talk you through how to mix your colours and how to apply paint, step by step. This session is designed as a paint along workshop suitable for beginners and those with experience. The session will last up to 90 minutes. A list of suggested materials is supplied.

### Qigong with Elaine – four part (daytime course)

Elaine is delighted to offer a four part course of hour long Qigong classes running on four consecutive Mondays at 11.30am, starting on the 23<sup>rd</sup> January. Qigong is similar to Tai Chi – slow, gentle standing movements to ease tension from body and mind. Each session can be played back in your own time for the following six days. (This course of four sessions is £20).

### Peter's Talk on the Crystal Palace

The Crystal Palace – Its Life & Legacy: As the centrepiece of the Great Exhibition of 1851, its fair to say that it was a triumph of Victorian engineering that continued to be admired until the disastrous fire of 1936.

### Watch Denman on Demand

This allows you to 'rent' a Denman course and tune in at a time convenient to you. Once rented the course is accessible for up to seven days.

Courses are from 1 hour in length and generally cost from £5

Check out the availability at:

[www.denman.org.uk](http://www.denman.org.uk)

# LSFWI ANNUAL MEETING 2023

**SATURDAY 11<sup>TH</sup> MARCH**

**10.30am to 3.00pm**

(doors open at 10.00am)

**THE OLDE BARN**

**Toll Bar Road | Marston | NG32 2HT**

**Tickets: £22.00**

– includes tea/coffee on arrival, lunch of soup + roll, tea/coffee

Morning speaker: **Frances Carlaw – The Pearl Lady**

Frances, having returned from living in France, has resumed her talks and pearl/jewellery workshops. An update to her always interesting story. Frances will have pearls/jewellery on sale.



Afternoon speaker: **Alysia Vasey – The Yorkshire Forager**



Alysia has a lifelong love for wild things, having learnt that her family's knowledge of edible plants was a legacy of a much darker time during the Second World War.

Alysia has been guided by her motto: *Be true to yourself and you will become the person you were meant to be*. She now has one of the UK's most successful foraging businesses, supplying some of the greatest chefs in the world and is a regular on the James Martin Saturday Kitchen TV programme.

## **RAFFLE**

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## **DENMAN DIP**

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**THE VENUE IS CLOSE TO THE DOWNTOWN AND BOUNDARY MILL STORES – WITH PLENTY OF TIME FOR SHOPPING AFTER THE CLOSE OF THE MEETING**

**DETAILS WITH WI SECRETARIES NOW**

# MEMBERS ADVISORY COMMITTEE

## Resolutions 2022-23

The shortlisted resolutions are:

1. Save our water – every drop matters
2. Women to women – turning over a new leaf in the lives of women tea workers
3. Online gambling harm: time for action
4. Clean rivers for people and wildlife

Details of the resolutions and the briefing notes to accompany them can be found on MyWI under Public Affairs> News and Actions> Resolution Shortlist 2022

Completed voting slips need to be submitted to WI Office by email, phone or post no later than 14<sup>th</sup> February

A blank voting slip has been sent to WI Secretaries.

### **SPEAKER'S CORNER**

**Wednesday 19<sup>th</sup> April 2023**

**Leasingham Village Hall**

**7.30pm 9.30pm**

**£7.50**

**Come along and enjoy a variety of speakers, demonstrators  
and performers who are new to us.**

**FULL DETAILS WITH WI SECRETARIES NOW**

The WI Advisers are holding an open meeting in Sleaford on Saturday 18<sup>th</sup> February at the Source, Riverside Church, Southgate at 10.30am. This meeting is designed to be an introduction to the WI with a view to forming a new WI in the area. If you would like to pop along and share your WI experiences with prospective members, please get in touch: fedoffice@lsfwi.org.uk

**Would you like to know more about the role of WI Advisers??**

If so, get in touch with any of us: Marilyn, Sharon, Jane or Liz via WI Office on: fedoffice@lsfwi.org.uk

We'd love to hear from you – we're always on the look out for some helpers too!

Marilyn Hood - MAC chair



# *PUBLIC AFFAIRS AND EDUCATION*

## **Campaign Discussion Day – 1<sup>st</sup> December 2022**

Scredington Community Centre provided the venue for this year's Campaign Discussion Day, and we were delighted to welcome representatives from 15 of our WIs, as well as three non-members. Lockdown restrictions have meant that face to face discussion across the Federation has not really been possible, so it was lovely to have the opportunity to get a range of views.

Our first speaker was Gordon xxx, who talked to us about the issues surrounding ADHD. Gordon has first hand experience of these issues, as he has a daughter who was diagnosed late as well as two other children with the condition. He described some of the difficulties facing both parents and children, particularly in the school environment. A number of ladies in the audience were able to offer insights of their own experiences, be that with their own children or indeed due to their involvement in educational establishments, and a lively discussion ensued.

One of the main issues is the ability to spend one to one time with ADHD children, most particularly in the classroom. Gordon suggested that WIs could potentially help by liaising with their local school to promote activities. Such activities could be held on a "mother and daughter" basis (although a child could be accompanied by any appropriate adult) and open to all, but teachers could be asked to give subtle encouragement to any child they know has ADHD, or who they feel may be displaying or even masking signs of the condition. This would clearly need to be done in close co-operation with your local school and handled correctly in terms of DBS rules. However, it would provide a valuable opportunity for children to enjoy the one to one focus that is so important, as well as passing on our WI skills in crafting and/or baking, etc. If anyone wishes to discuss this further, please contact the office.

After a delicious lunch of home made soup and bread followed by a choice of desserts, all prepared by members of the Public Affairs team, our second speaker, Shane Tyler, tackled the subject of Modern Slavery.

Shane held us spellbound as he described real life scenarios, some of which were absolutely shocking. He also explained that he himself had unknowingly been party to employing "modern slaves" and it was when this was discovered that he became a hands on advocate and activist to try and stamp out the practice.

In terms of what we can do, it is important to keep your eyes and ears open. If you do hear or see anything suspicious, there is a Modern Slavery helpline to call to report or you can call the Police. If it turns out that nothing is wrong, then nothing is lost but it is important that those exploiting their fellow human beings should realise that people are watching, and that action will be taken. In this way, hopefully, opportunities for exploitation will gradually be shut down. It was interesting to hear that the biggest proportion of modern slave is made up of British people!

Shane has shared his detailed presentation with us. We have forwarded the link to every WI in our Federation. If you have any difficulties with this, please contact the office and we will do our best to assist.

Thanks are due to everyone who helped make this such an interesting day. We hope it will have generated ideas that you can take and discuss within your own WI. Do let us know what actions YOU are taking so that we can share them across the Federation and beyond.

# Visit to **CROMFORD MILL**

Birthplace of the modern factory system

**Wednesday 29<sup>th</sup> March 2023**

The visit will begin with a tour of the  
Mill and the Arkwright  
Experience

Followed by time to visit the artisan shops on site and lunch

With a choice of activities during the afternoon

**Members £45.00      Non-Members welcome £46.50**

to include travel, entrance, tour + activity



**Travel is by coach**

**with pick-ups at Boston (7.15am),  
Spalding (7.45am), Bourne (8.15am)**

**& Sleaford (8.45am)\***

\*All timings approximate

Activities include:

Craft workshop with Sarah at WeaveKnitIt,

*or*

Tour of The White Peak Distillery to include a tasting

Closing date for applications is Sunday 26<sup>th</sup> February 2023

Application Forms will be with your WI's Secretary

# News from our WIs.....

## Baston WI

Baston WI members enjoyed a lovely Christmas meal at the Black Horse in Baston. Everyone brought a small, wrapped gift which went into Santa's sack and then all the ladies chose a different gift to put under their tree. It's a great opportunity to get together and enjoy a leisurely evening catching up with each other. We wish all WI's a very Happy New Year!

Sue, President Baston WI



## Burton Corner WI

Burton Corner WI held a craft afternoon with about 20 of us making hanging material decorations for Christmas.

Everyone had a great time with plenty of laughs, coffee/tea, cake and chocolates. What more does anyone need?

We celebrated Christmas with a lunch accompanied by a singing group.

Susan, Vice President, Burton Corner WI



## Carlby & District WI



Carlby & District WI held a Hot Chocolate and Cake stall at Carlby's Winter Fair on Saturday 3<sup>rd</sup> December. It was very cold and wet, but we made a profit of £55 on the day. We were on to a winner as though other stalls were doing tea and coffee and mulled wine, they did not have cakes, so we had lots of customers just for the cakes. Grateful thanks to all our members who turned up to help and those who made cakes for sale.

We also collected 24 handbags from members and filled them with basic essential toiletries and other small items for the Love Grace Appeal. All the bags have now made their way to the Boston Women's' Refuge.

Margaret, Carlby & District WI

## Deeping St James WI

Thank you to everyone that came to our first post-Covid Carol Service. It was wonderful that so many fellow members from around the Federation joined us for the service and it was lovely that we were able to catch up with old friends over refreshments afterwards. I am sorry that we did not have enough Orders of Service, but I promise that, when we have another Carol Service, we'll print off more copies!

Sue, Deeping St James WI



## Leasingham WI

Fortunately, the weather at the end of November behaved just as we planted our tree to commemorate the Platinum Jubilee of the late Queen Elizabeth. We were joined by representatives from NKDC, Leasingham Parish Council and LSFWI Trustees as well as our own members, including Jean Cox, our secretary and Jan Shayes, our treasurer.

On advice of our arboreal expert, Ian Cox, we chose a Native Crab Apple for wonderful blossoms in Spring and fruit in Autumn, perfect for our member's crab apple jelly! We also hope Leasingham villagers will enjoy watching the tree grow and benefitting from its fruit!



After the tree planting Jan Shayes provided coffee and shortcake to keep us warm.

Maureen, President Leasingham WI

## Metheringham WI

One of our recent speakers was Mike Ashton. Mike is a Pole Lathe Wood Turner and specialises in making traditional Windsor chairs. I'm sure I can speak for everyone and say that Mike's talk and demonstration on woodturning was excellent and very interesting. He explained the history of wood turning, which amazingly goes back to the Iron Age. The classic Windsor chair also has a long history; the first known designs appeared in the early 1700s. Mike gave a stunning demonstration on the pole lathe, making a leg for a stool from a piece of tree trunk, chopping it to size then fashioning it on the pole lathe. It was amazing to watch. As well as Windsor chairs, Mike also makes beautiful every day, useful items e.g. rolling pins, wine goblets, garden dibbers, spurtles (stirring tools) to name but a few.

Metheringham Christmas tree festival took place from 26 November in St. Wilfrid's Church, and Meg WI had reserved a place to take part again this year. Our theme this year was WI focused, celebrating our long history as part of village culture.

Our "Christmas Social" was held on 14 December at The Lincolnshire Poacher in the village. It will be lovely for us all to get together to celebrate the festive season.

Lyn, Metheringham WI

## Navenby WI

On Saturday 19<sup>th</sup> November, Navenby we held our annual Christmas Bazaar and Craft Fayre at The Venue in Navenby. The event was well supported by both WI members and people from the local community and surrounding area, who enjoyed hot sausage rolls, cakes and hot drinks before or after perusing the 30+ craft stalls.

The day was very successful, and we received lots of lovely comments. The requests for sausage rolls were duly noted for next year!!

Moira, President Navenby WI

## Spalding Fulney WI

This year we celebrated our Christmas with "The Banjo Man" . He has played the banjo from a young boy and has travelled around the world to perform. He has three different sized banjos he uses throughout his performance, and played a medley of songs including lots of Christmas favourites which everyone sang along to - it really got everyone into the Christmas spirit, along with the Christmas jumpers!



Spalding Fulney WI members also put on a pantomime (oh yes, we did!) – our telling of Snow White.

Our story found Snow White and her faithful friends all facing up to, and coping with, the challenges of getting older. The Wicked Queen is as vain as ever and thought she had taken steps years ago to eliminate the competition for the title of Fairest in The Land. She is incandescent with rage when her magic mirror finally tells her that Snow White is still alive and is much prettier than her! It was great fun!



## Stamford WI

Stamford WI's Hawaiian Christmas party was a long time coming, after being postponed twice due to the Covid-19 Pandemic. Each year we host a themed party and the committee worked hard to transform the room into a Hawaiian paradise, with a Tikki bar included.

On arrival everyone was greeted on the red carpet, presented with a flower necklace and a Hawaiian cocktail.

The delicious food was provided by the local business Aloha and in keeping with the evening's theme.

Plenty of games were played and who knew Pass the Pineapple would be so popular! The evening ended late with dancing on the dance floor, and everyone said they had a fabulous evening in paradise.



Karen, President  
Stamford WI

## Ruskington WI

### WI Song for December Christmas Party 2022

January's AGM – Look for volunteers AGAIN!  
February - out to eat – It's the annual terr-reat  
March gave news of Liberty's – Prints and Fabrics all to please  
April's talk of Stoneywell - kept us all under his spell  
May's Party for Jubilee – Spam and Fruit, Jelly for tea  
Songs and tunes from the 50s, brought us all onto our knees  
June was 'London Tower's' delight -gave us all a good insight  
July brought handbags to mind - Folks have been so very kind  
August's Racehorse ran away - cost a deal in oats and hay  
September was Harvest Time – lots of food, Another Rhyme  
Pumpkins were October's fun - Flowers and Fruit for Everyone  
Heather fell while on a cruise - Missed a step – it wasn't Booze  
Ten Pin bowls for Halloween - Mill Lodge made our evening meal  
In November, we made trees - smelt of spice, they made me sneeze  
December - it's Party Time, Food and Games, Another Rhyme  
So, this year comes to an end, we hope you have made a friend  
To all members old and new, Happy Christmas, New Year too  
We've enjoyed your company, Go home safe  
That's all from me!

Heather, Ruskington WI

Ruskington WI Members have been busy knitting and crocheting. This festive idea is just a small sample of what has been made. People can go on a hunt, once we have hidden them around our village leading up to Christmas.

Amanda, WI Secretary Ruskington WI



# CLIMATE AMBASSADORS

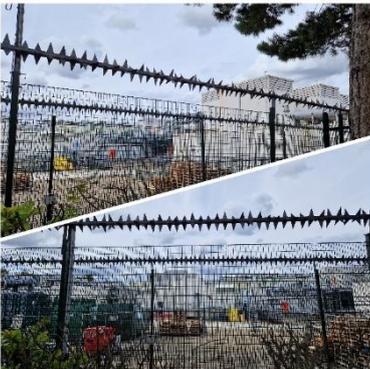
## Living on a Cloud

Like me, you've probably already replied to a couple of emails today, sent some chat messages and performed a quick internet search. As the day goes by you will doubtless spend time browsing online, uploading images, playing music and checking out You Tube.

Each of these activities you perform online comes with a small cost – a few grams of carbon dioxide are emitted due to the energy needed to run your devices and power the wireless networks you access. Less obvious, but perhaps even more energy intensive, are the data centres and vast servers needed to support the internet and store the content we access. Although the energy needed for a single internet search or email is small, approximately five billion people, or 63% of the global population, now use the internet. Those scraps of energy, and the associated greenhouse gases emitted with each online activity, can add up.

The carbon footprint of our gadgets, the internet and the systems supporting them account for about 4% of global greenhouse emissions, according to some estimates. And these emissions are predicted to double by 2025.

Since the COVID-19 outbreak and consequential lockdowns, the total amount of our time spent on digital devices has risen exponentially, with 2021 being one of the highest years in terms of digital and Internet consumption. In fact, the “typical” global internet user now spends almost seven hours per day using the Internet across all devices, according to the World Global Index.



Like all digital products, the Internet depends on large amounts of energy to function and be powered. Colossal databases and servers located in data centres – the Internet's infrastructure – are used to maintain and preserve information that is directly presented on the World Wide Web. In other words, everything you see and do on the screen of your digital device. Every bit of information that you interact with, upload or create gets stored in these data centres which are made up of thousands of computers and servers. In fact, if the IT sector were a country, it would come in third in terms of global energy demand behind the US and China.

So, what can we do to reduce this carbon footprint? Like most steps that are needed to reduce carbon emissions and work towards a sustainable environment, the ones that we can take are small. Sending emails isn't the biggest culprit, even though we send far more emails each day than letters we would have sent, or phone calls that we would have made from landlines. If we could send less unnecessary emails as a first small step....all those acknowledging 'Thank you' ones mount up! Don't cc people when it's not absolutely needed. Keep emails brief – why use 60 words when six would do. If you can send a link rather than an attachment, that helps. Also, too many emails in your inbox and junk/spam box is said to be detrimental to our mental health. And – unsubscribe from unwanted newsletters!

Information from: BBC, Pawprint, Carbon Literacy

Jan, Wendy & Liz, Climate Ambassadors

## Denman Dip

I was thrilled to win the Denman Dip at the 2019 LSFWI Annual Meeting. However, having booked a craft course for August that year I was disappointed when it was cancelled due to the closure of Denman College. Federation then gave me until the end of this year to find something locally. It has not been easy due to the Covid lockdown, two courses I booked were cancelled because of the pandemic.

I have always been fascinated by basketry and found a day course at The Basket Case near Louth. We made a very simple shallow fruit basket for the table.



This year, I also made a Glass Mosaic Stepping Stone, with Debs Oliver at Old Leake. A very enjoyable day. I chose to make a Dragonfly, much too pretty to use as a stepping stone, but nice for the garden.



I was unable to use the full amount and hope someone else may benefit at the next Annual Meeting in March 2023.

Sally Grant, Sibsey WI

### **DENMAN DIP 2023**

WOULD YOU LIKE TO TAKE PLACE IN THE 2023 DENMAN DIP DRAW?

PUT YOUR NAME, WI AND A £1 COIN IN AN ENVELOPE MARKED DENMAN DIP AND BRING IT TO THE ANNUAL MEETING ON SATURDAY 11<sup>TH</sup> MARCH.

IF YOU AREN'T ABLE TO COME SEND YOUR ENTRY VIA A FRIEND OR INTO WI OFFICE.

THE MONEY WON CAN BE USED ON ANY EDUCATIONAL COURSE. IT MUST BE SPENT BEFORE THE ANNUAL MEETING OF 2024.

FURTHER INFORMATION FROM: [fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk)



## APPLICATIONS AND PAYMENTS FOR EVENTS

Please help us to help you by remembering the following when applying for a place at an activity or event:

1. **Read the flyer carefully** so you know how to make your application and whether applications are to be made **by individual members** or **by the WI** on behalf of the members.
2. **Take note of the last date that you can withdraw your application** - the decision whether the event is financially viable will depend on the numbers who have applied. Just like buying a theatre or train ticket, you will still be liable to pay for places allocated if you withdraw after this date.
3. **Always pay by BACS if you can**, ensuring that:
  - a. You e-mail your application to the e-mail address on the flyer with all the required information.
  - b. You include the reference from the flyer and your name/WI on your BACS payment so Marija, the Finance Officer, can identify your payment.
4. **Do not make payments for several events in one transaction.**
5. **Cheque payments must be accompanied by the application form** and the name of the event written on the back of the cheque.
6. **Make your BACS payment as soon as you can after you receive the allocation e-mail** informing place(s) are allocated to you. Payment must be made by the cut-off date given or you may not be able to attend but still be liable for the cost of the place.

## SUBS PAYMENTS 2023/24

You are probably already aware that the subs for next year are rising to £46 (although your WI may decide to forego some of their element of the fee). In order to get NFWI's element of the subs to them in a timely manner, WIs must get the relevant portion of the subs to the Federation by 15<sup>th</sup> May 2023. We therefore ask all members to help minimise their Treasurer's workload by ensuring that they pay their subs promptly.

Elizabeth Mantle, Federation Treasurer

**Forthcoming Diary Dates** - Listed below are forthcoming events. Each event has a stated closing date, by which all applications and payments need to be at the WI Office.



**Please pay by online banking if possible, quoting the appropriate reference.** Cheques are not banked until the closing date is reached and/or places secured.

**FULL INFORMATION IS AVAILABLE FROM YOUR WI SECRETARY**

Date	Event	Ticket	Ref	Closing
Wednesday 18 January	Resolution Discussion Day & lunch 10.30am to 2.30pm - Cranwell	CLOSED		
Saturday 11 March	Federation Annual Meeting – Grantham 10.30am to 3pm	£22	AMMAR23	26 FEB
Thursday 23 March	Quiz with Afternoon Tea 2pm Rippingale Village Hall	£7.50	MAR23QUIZ	12 FEB
Wednesday 29 March	Coach trip and events at Cromford Mill Includes transport and events	£45	PA&ECM	26 FEB
Wednesday 19 April	Speakers' Corner 7.30pm Leasingham Village Hall	£7.50	MACSPK23	2 APR
Wednesday 26 April	Ladies Lunch at Greetham Valley Golf Club	TBC		
Thursday 25 May	NFWI Annual Meeting St David's Hall, Cardiff	CLOSED		

## February 2023 Newsletter

Please send any contributions for the next newsletter  
by **17 January 2023**

to: [fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk)