

NEWSLETTER

Lincolnshire Ladies Lunch
Hill Holt Wood, Norton Disney LN6 9JP

Wednesday 16th April 2025
12 noon – 3:30pm

Speaker: Katy Roberts

Canine Partners

Amazing dogs. Transforming Lives

Members: £27.50 Non-Members: £29.00



Closing Date: **Sunday 23rd March 2025**

GLASS FUSION WORKSHOP



Thursday 3rd April 2025
Two sessions: 9:30am & 2pm

Members **£28.50** Non-member **£30.00**
(includes all materials, tea/coffee & biscuits)

To be held at
The WI Office
Sleaford NG34 7EQ

Closing date: **Sunday 16th March 2025**

ASK THE JUDGE!!

Competition hints & tips

Saturday 5th April 2025
LSFWI office from 10am onwards



**Thinking of entering the co-operative class at
Lincolnshire Show 2025?
Then this is the event for you.**

Our favourite judge, Jane Woolliscroft has kindly offered to come to the Federation Office and give hints and tips about avoiding pitfalls. She will also answer questions you may have and point you in the right direction to score well in each element.

Free but donations requested for refreshments.

Closing date: **Sunday 30th March 2025**

Copper Beating Workshop

Saturday 26th April 2025



Two sessions: 10am & 2pm

Members £20 &
non-member £22.00

All materials will be supplied, and you will be given a template to work towards. Finishing details will be provided on the day.

Please note: It will be necessary to bring an old towel or similar, to rest your work on during the class

Closing date: **Sunday 6th April 2025**

To be held at
The WI Office, Sleaford NG34 7EQ

TAKE A CHANCE



FEBRUARY



WINNERS

Margaret Hawkins Carlby WI £20
Jean Brewer Cranwell WI £10

To obtain your winnings please contact the office with your bank details.

Email: fedoffice@lsfwi.org.uk

To be in with a chance of winning – you need to register for a number, so, don't delay!

This is a monthly draw bar August where you have the chance to win cash with an additional opportunity at the Federation Annual Meeting in March. Entry cost just £5 per number for the year and you are not limited to how many you hold.

Please note that legally, we can only accept applications from individual WI members, and not WIs

NOT THE DENMAN DIP

OPEN TO ALL MEMBERS

TO ENTER

Place £1 in an envelope
with
Your Name & WI on the front
and
Either hand in at the AM
or send to the WI Office
by
Monday 24th March 2025.

This is an annual draw where you have the chance of winning a cash prize to be used for activities such as:

Learning a new skill, such as art, crafts, and cookery, attending educational classes & visits etc



Hello Ladies,

As we approach the month of March the snowdrops look spectacular, the daffodils waving in the breeze and the tulips just starting to poke their heads through the soil ready to burst into flower over the next couple of weeks. Spring is such a magical time with nature awakening from its winter slumber.

As usual, the team are as busy as ever arranging outings and activities for you to take part in. A new workshop for you is Copper Beating. Why not give it a go? All details are with your secretaries.

And, of course our Annual Meeting at Springfield's will be held later this month and we look forward to seeing you there.

Tina Orange
Federation Chairman
fedoffice@lsfwi.org.uk

UPDATE ON OUR NEED FOR



JAMS & PICKLES

**At the 2025 Lincolnshire show held in June
LSFWI will have a Jams & Pickles stall.**

We are asking for donations of jams, marmalades, pickles & chutneys – so please start jamming and pickling now!

Update: Jams and Pickles Jars

Following our recent plea (see above) to you all to send us some of your home-made jams and pickles for us to sell at the Lincolnshire Show, we've received numerous queries regarding the types of jars and lids.

Please note the following:

We will be delighted to receive any shape or size of jar but would prefer standard (approx. 300-400g) size jars to enable fair pricing.

If you are using pre-used lids, please remember to not use pickle jar lids for jams. Please also cover any retail labelling shown on the lids with a cloth top. Items topped with a waxed disc and cellophane cover secured with a rubber band will also be acceptable.

Don't forget: All jars must be labelled with the full list of ingredients; labels stating that products have been made in kitchens containing allergens will be added to all jars.

Many thanks for your support!

*Disneyland is celebrating 70 years
July 17th, 1955 - 2025*

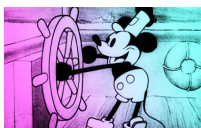
The theme for this year's
Lincolnshire South Federation of WIs
Competition at Lincolnshire Show – a
celebration of all aspects of WI talent
reflecting

Disneyland.

Class 1:
Co-operative –
Jungle Cruise Ride

Class 2: Cookery
Mad Tea Party

Class 3: Embroidery
Dumbo the Elephant



**Schedules are
with your
secretaries**

Class 4:
Collage -
Peter Pan's
Flight

Class 5:
Novice Class-
Peter Pan's
Flight

Closing date for applications: **Sunday 30th April 2025**



**The Longest Yarn
on show at
Peterborough
Cathedral**

**Tuesday 4th March
– Tuesday 1st April**

Times: 10:00 to 16:00
each day in ½ hour slots.

The Longest Yarn is a striking 80m long
exhibition of knitted and crocheted scenes of D-
Day landings. Some of the scenes are dedicated
and depicting actual WW2 veterans that were in
the theatre here in Normandy on 6th June 1944.

Information for ordering tickets is with your
WI Secretary

NEWS FROM OUR WIs

Pinchbeck WI

Please accept my apologies for not including these reports in the February newsletter.



During the January meeting, we acknowledged the very special Birthday of one of our members, Lorna Webb, who will reach the grand age of 100 later in the month, so what do we do? Have cake!!!! There was a choice of delicious fruit cake, or sponge.



Six of our Committee members each gave a ten-minute talk on a variety of subjects and experiences, which were very interesting and so enlightening, giving us all some food for thought.

Another successful "Members" evening.

Our Tambourine group have been entertaining audiences again: in November they were part of a concert to raise funds for the Meadow Day Centre, in Spalding, to purchase a new bath – thus the costumes!! The afternoon event raised over £1,000.00 towards the target of £10,000.00.



In December, the group, along with a choir, entertained members, and friends of Pinchbeck MU for their "Carols Sing-along". The ladies also read or sang, poems and short, funny sketches, with a Christmas theme.

Both events were most enjoyable community occasions, in the village.



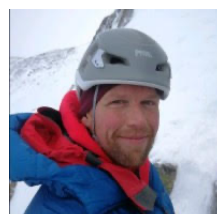
Ropsley and District WI



Our February meeting saw everyone relaxing with a sound bath from Liz Langford and with hot chocolate on the menu as well as the usual tea and coffee, everyone had a great evening. The relaxation theme will carry on in March with Neurographic Art which had me panicking a bit as art is not my best subject but I then found out that it was basically scribbling on a sheet of paper and colouring it in – even I can do that - to create colourful masterpieces!

We are looking forward to April when Dr Jamie Barclay is coming to talk about Snowdonia's Ogwen Valley Mountain Rescue team and show us some of the equipment they use to get people off the mountains – you may have seen him on BBC2's SOS: Extreme Rescues programme.

This is an open meeting so if this interests you or your friends please come and join us at Ropsley Hall on Tuesday 1 April at 7:30pm.



Continued:

Allington WI

Colin Deeley gave us a very interesting and detailed 'history of Southwell Workhouse and the Infirmary.'

Every workhouse had a designated area for use as an infirmary.

Elizabeth 1st introduced the Old Poor Law which forced parishes to provide for their destitute parishioners, by providing coal, food and clothing paid for by parish ratepayers. However, in 1775, a loaf of bread cost 1 shilling (or £4 in today's money) due to 3 years of bad harvests, resulting in many more paupers needing weekly handouts, and the Rev John Thomas Becher of Southwell suggested his local parishes combined their funds and built a workhouse to house, feed and clothe the destitute in exchange for their labour. The building, which was partly designed by Becher himself, was completed in 1808 to house over 84 people, but then extended in 1824. Although originally called the Thurgarton Hundred Incorporated Workhouse, but it later became known as the Southwell Union Workhouse.



In 1828 Becher wrote a paper entitled 'The Antipauper System', which resulted in the Government bringing in the Poor Law Amendment Act in 1834 and building workhouses around the country.

The workhouse took in men, women, and children, who were looked after by the Master and Matron, assisted by a clerk, chaplain, medical officer and school teacher, all employed by a board of 62 guardians who also made the rules. Bad behaviour did not happen very often, but when it did, the inmates were sent to the refractory, which also happened to house any dead inmates who were awaiting removal by their home parish which was responsible for their burial.

The young and infirm were looked after very well, as they received free health care and education. However, life for the able-bodied adults was purposely hard in order to encourage them to leave and get a job.

Foston WI

On 8th February fourteen of our members met up at Margo & Plum Store & Coffee House, in Bottesford, for a hot drink and cake. Although it was cold outside, we received a warm welcome from inside. It was a first visit, for some of them and nice to catch up, something we don't always get a chance to at our meetings.

We were all delighted to return to our village hall, for our February meeting, after some urgent renovations were carried out. Especially as it meant we could celebrate our 104th WI Birthday, and our members entertained the committee as a thank you for all the work they've carried done throughout the year. The evening began by splitting into four groups to discuss this year's four Resolutions. This is when WI members have a unique opportunity to turn a concern into a national campaign every year, backed by the whole of the WI. A resolution is a call for change on a current issue in society, one is then adopted at the Annual Meeting and the Public Affairs Department turns it into a campaign.

We celebrated that Jenny Bullock has been a Foston WI member for 54 years and then were treated to a selection of cakes and desserts with each committee member being presented with a rose gift. It was a lovely evening with great company.

Continued:

Carlby WI



CARLBY WI ENJOYS A TASTE OF HINDUISM AND WEARING A SARI

Carlby WI enjoyed a taste of Hinduism and wearing a sari when one of our committee members, Yas and two of her friends from the Peterborough Hindu Temple brought the taste and sights of Hinduism to February's meeting and were able to don beautiful saris. Yas wore a shalwar kameez – floaty trousers and top with scarf whilst Rasila and Geeta wore lovely saris. Geeta clarified that they were focussing on Indian Hinduism and told us this was as much a way of life as a religion.

Each home has its own Shrine, and they had set up a similar shrine for us, with flowers, lights, and pictures. Food is offered to the gods each day and bells are rung to wake the gods up both at home and at the Temple. Fresh flower garlands and clean clothes are given to the gods in the Temple each week. 'Om' prayers are said to be the sound of the universe. There are fast days during the lunar cycle for purity and self-discipline and many festivals throughout the year, Diwali celebrates the return of Lord Rama from exile and is probably the most well-known of their festivals.

Audrey was the first to volunteer to be dressed in a sari and each item was shown and described. There are two different styles of wearing a sari and soon the hall was filled with a mixture of glamorous sari wearing ladies, in both styles, gorgeous!

There was so much chat and laughter and many photo opportunities were taken. We all forgot that there was a cold February outside; we were enjoying the proverbial Indian summer. Sadly, we had to hand the saris back, but we held on to a bit of the glamour by keeping on our bindis, the colourful jewels placed just above our eyelines.

Hindus are vegetarian and our friends provided a large and tasty selection of Indian snacks, both savoury and sweet which we all enjoyed whilst we looked at all the information boards which had been brought along. This was the third time Carlby WI has met with the Peterborough Hindu Temple over the years and a firm friendship continues.

SUB-COMMITTEE NEWS

Public Affairs & Education.

- Flyers should be with your WI secretaries for the next Ladies Lunch on Wednesday 16th April at Wood Hall, Hill Holt Wood. We have Katy Roberts from Canine Partners to give us an insight into how these dogs are trained and what they are capable of doing for their disabled owner. Closing date Sunday 23rd March.
- Following on from the successful event to discuss the four proposed resolutions one of our members came back with this information which she asked me to share.

Lincolnshire Community Health Services of the NHS trust provides a Bladder & Bowel Team to provide care and support throughout the county to adults experiencing problems with bladder or bowel control. The service focuses on improving the patient's health. It is based in Lincoln but has clinics in many areas, including Stamford.

You can contact them by telephone or email, and they will contact you in very short order. The contact details are below, and you do not need a referral from a GP to access the service.

They will ask question and then send you some forms and information and ask you to complete a diary and forms and samples (if necessary). You send them back and they contact you either for more information or with an appointment at one of their clinics.

The service at Stamford was excellent; from sitting waiting and feeling very nervous and embarrassed; half an hour later I left with a smile on my face and feeling much more hopeful. Lots of down to earth advice, pelvic floor exercises, dietary advice, use of sanitary items and much else. The member of the team was so warm and friendly I soon lost my nerves and embarrassment. Several appointments to check my progress and see if I had my problems under much better control and cannot thank the service enough for being there.

Contact details -

Telephone 0300 123 4868 Email: lhnt.lchsreferrals@nhs.net

Shelagh Coates

Activities

Your secretaries will now have copies of the Flyers for two craft activities that we are running from Head Office in Sleaford.

The first is a Glass fusion event run by Claire Hart on April 3rd, the second is a new craft that we have not offered previously- Copper Beating - on April 26th.

If you fancy having a go at this unique skill, then get your name down as soon as you can. For those of you who did not enter or attend the Make Bake and Show last year, the RNLI had a stand at that show as they were celebrating a 200-year anniversary of saving lives at sea. The volunteers told us that Skegness Lifeboat station has their own 200-year anniversary this year. We (LSFWI) were invited to visit them and learn about their history and visit the Lifeboat station.

We are now in the process of arranging this trip and will let you know the date and costs as soon as we can. Watch this space!

Sue Brotherhood

Lincolnshire South Federation of WIs

Diary of Events: January – December 2025

Date	Event	Information & Venue	Time	Costs & Details
Wednesday 26th March 2025	Annual Meeting	Springfield's Conference Centre Spalding	9:30 – 4pm	Members £22 Includes Tea/Coffee & Muffin
Thursday 3rd April 2025	Glass Fusion Workshop	The WI Office Sleaford NG34 7EQ	10am & 2pm	Members £28.50 Non-members £30.00
Saturday 5th April 2025	Judges Drop-in session	The WI Office Sleaford NG34 7EQ	From 10am	Free Donations requested for Refreshments
Wednesday 16th April 2025	Ladies Lunch Club	Wood Hall, Hill Holt Wood Speaker: Katy Roberts Canine Partners	12 noon – 3pm	Members £27.50 Non-members £29.00
Saturday 26th April 2025	Copper Beating Workshop	The WI Office Sleaford NG34 7EQ	10am & 2pm	Members £20.00 Non-Members £22.00
Tuesday 13th May 2025	Federation Quiz	Ropsley Village Hall	1pm – 4pm	TBC
Tuesday 20th May 2025	Day trip by coach	Neasden Temple	Early Start TBC	Members £45.00 Non-members £47.50 includes coach, lunch & entrance
Wednesday 18th June 2025	Lincolnshire Show	WI Marquee	8am – 6pm	TBC
Thursday 19th June 2025				
Tuesday 15th or Wednesday 16th July	Ladies Lunch Club	Venue to be arranged	12 noon – 3pm	TBC
Thursday 11th September 2025	Federation Quiz	Rippingale Village Hall	1pm – 4pm	TBC
September 2025	Day Trip by Coach	Newmarket Horse Racing Museum	TBC	TBC
October 2025	Day Trip by Coach	The National Arboretum	TBC	TBC
Wednesday 19th November 2025	Federation Quiz	Bicker Village Hall	TBC	TBC
December 25	Campaign Discussion Day	TBC	TBC	TBC

April 2025 Newsletter

**Please send any contributions for the next newsletter
by Sunday, 16th March 2025 to: fedoffice@lsfwi.org.uk**

Thank you for continuing to support this newsletter and sending in photos and articles for inclusion.
Please can I ask if you could send **the text in word preferably Arial font and photos as jpegs**
but please keep them coming!

**Please make sure that you have permission from the people shown
in any photographs.**

FIND US ON THE NFWI WEBSITE: <https://lincolnshire-south.thewi.org.uk>



facebook.com/lincssouthwi



[@lincssouthwi](https://twitter.com/@lincssouthwi)



[lincs_south_wi](https://instagram.com/lincs_south_wi)

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Tel: 01529 302398 Email: fedoffice@lsfwi.org.uk Registered Charity No: 506268

Office Hours: Mon, Tues & Weds 8:30am – 2:30pm, Closed Thursday & Friday
(If making a special journey, please contact first)